

## July's Menu



Date	Menu
Daily Offerings	<ul style="list-style-type: none"> <li>• Daily Lunch Specials</li> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> <li>• Hummus and Pretzels (VE)</li> <li>• Tuesday and Wednesday Balsamic Chicken Salad Wrap</li> <li>• Thursday and Friday Tuna Sandwich</li> <li>• Friday Rainbow Wrap (VE)</li> <li>• 1% Low Fat Milk (V)</li> <li>• Fat Free Milk (V)</li> <li>• Seasonal Fat Free Chocolate Milk (V)</li> <li>• Condiments: Ketchup (VE)/ Mustard (VE)/ Mayonnaise (V)/ BBQ (VE) and Hot Sauce (V)</li> <li>• Fresh Fruit (VE)</li> <li>• Options may vary by location</li> </ul>
July 1, 2026 Wednesday	<ul style="list-style-type: none"> <li>• Veggie Burgers (VE)</li> <li>• Veggie Cheeseburgers (V)</li> <li>• Hamburgers</li> <li>• Cheeseburgers</li> <li>• Seasoned Wedge Fries (VE)</li> </ul>
July 2, 2026 Thursday	<ul style="list-style-type: none"> <li>• Lemon Pepper</li> <li>• Chicken Thigh</li> <li>• Colorful Green Beans (V)</li> <li>• Buttermilk Biscuit (V)</li> </ul>

<p>July 3, 2026 Friday (Independence Day (Obs))</p>	<ul style="list-style-type: none"> <li>• Rustic White Beans (VE)</li> <li>• Veggie Nuggets (VE) with Dipping Sauce (V)</li> <li>• Pasta &amp; Peas (V)</li> <li>• Roasted Fresh Tomatoes (VE)</li> <li>• Frozen Fruit Cup (VE)</li> </ul>
<p>July 6, 2026 Monday</p>	<ul style="list-style-type: none"> <li>• Pizza Slice (V)</li> <li>• Italian Chickpeas (VE)</li> <li>• Frozen Fruit Cup (VE)</li> </ul>
<p>July 7, 2026 Tuesday</p>	<ul style="list-style-type: none"> <li>• Plastic Free</li> <li>• Lunch Day</li> <li>• BBQ Crispy Chicken Sandwich</li> <li>• Baby Carrots (VE)</li> <li>• with Chipotle Ranch (V)</li> </ul>
<p>July 8, 2026 Wednesday</p>	<ul style="list-style-type: none"> <li>• Mozzarella Sticks (V)</li> <li>• with Herbed Marinara (VE)</li> <li>• Parmigiana Spinach (V)</li> </ul>
<p>July 9, 2026 Thursday</p>	<ul style="list-style-type: none"> <li>• Rainbow Wrap (VE)</li> <li>• Empanada (V)</li> <li>• Spiced Sweet Potatoes (VE)</li> <li>• Guacamole (VE)</li> </ul>
<p>July 10, 2026 Friday</p>	<ul style="list-style-type: none"> <li>• Fish Nuggets</li> <li>• with Dipping Sauce</li> <li>• Corn Bread (V)</li> <li>• Marinated Potato Salad (VE)</li> <li>• Frozen Fruit Cup (VE)</li> </ul>

<p>July 13, 2026 Monday</p>	<ul style="list-style-type: none"> <li>• Personal Pizza (V)</li> <li>• Crispy Broccoli (V)</li> <li>• Frozen Fruit Cup (VE)</li> </ul>
<p>July 14, 2026 Tuesday</p>	<ul style="list-style-type: none"> <li>• Chicken Tenders with Dipping Sauce</li> <li>• Mac &amp; Cheese (V)</li> <li>• Stewed Black Beans (VE)</li> </ul>
<p>July 15, 2026 Wednesday</p>	<ul style="list-style-type: none"> <li>• Veggie Burgers (VE)</li> <li>• Veggie Cheeseburgers (V)</li> <li>• Hamburgers</li> <li>• Cheeseburgers</li> <li>• Seasoned Wedge Fries (VE)</li> </ul>
<p>July 16, 2026 Thursday</p>	<ul style="list-style-type: none"> <li>• Lemon Pepper</li> <li>• Chicken Thigh</li> <li>• Colorful Green Beans (V)</li> <li>• Buttermilk Biscuit (V)</li> </ul>
<p>July 17, 2026 Friday</p>	<ul style="list-style-type: none"> <li>• Rustic White Beans (VE)</li> <li>• Veggie Nuggets (VE) with Dipping Sauce (V)</li> <li>• Pasta &amp; Peas (V)</li> <li>• Roasted Fresh Tomatoes (VE)</li> <li>• Frozen Fruit Cup (VE)</li> </ul>
<p>July 20, 2026 Monday</p>	<ul style="list-style-type: none"> <li>• Pizza Slice (V)</li> <li>• Italian Chickpeas (VE)</li> <li>• Frozen Fruit Cup (VE)</li> </ul>
<p>July 21, 2026 Tuesday</p>	<ul style="list-style-type: none"> <li>• Plastic Free</li> <li>• Lunch Day</li> </ul>

	<ul style="list-style-type: none"><li>• BBQ Crispy Chicken Sandwich</li><li>• Baby Carrots (VE)</li><li>• with Chipotle Ranch (V)</li></ul>
July 22, 2026 Wednesday	<ul style="list-style-type: none"><li>• Mozzarella Sticks (V)</li><li>• with Herbed Marinara (VE)</li><li>• Parmigiana Spinach (V)</li></ul>
July 23, 2026 Thursday	<ul style="list-style-type: none"><li>• Rainbow Wrap (VE)</li><li>• Empanada (V)</li><li>• Spiced Sweet Potatoes (VE)</li><li>• Guacamole (VE)</li></ul>
July 24, 2026 Friday	<ul style="list-style-type: none"><li>• Fish Nuggets</li><li>• with Dipping Sauce</li><li>• Corn Bread (V)</li><li>• Marinated Potato Salad (VE)</li><li>• Frozen Fruit Cup (VE)</li></ul>
July 27, 2026 Monday	<ul style="list-style-type: none"><li>• Personal Pizza (V)</li><li>• Crispy Broccoli (V)</li><li>• Frozen Fruit Cup (VE)</li></ul>
July 28, 2026 Tuesday	<ul style="list-style-type: none"><li>• Chicken Tenders with Dipping Sauce</li><li>• Mac &amp; Cheese (V)</li><li>• Stewed Black Beans (VE)</li></ul>
July 29, 2026 Wednesday	<ul style="list-style-type: none"><li>• Lemon Pepper</li><li>• Chicken Thigh</li><li>• Colorful Green Beans (V)</li><li>• Buttermilk Biscuit (V)</li></ul>

<p>July 30, 2026 Thursday</p>	<ul style="list-style-type: none"><li>• Lemon Pepper</li><li>• Chicken Thigh</li><li>• Colorful Green Beans (V)</li><li>• Buttermilk Biscuit (V)</li></ul>
<p>July 31, 2026 Friday</p>	<ul style="list-style-type: none"><li>• Rustic White Beans (VE)</li><li>• Veggie Nuggets (VE) with Dipping Sauce (V)</li><li>• Pasta &amp; Peas (V)</li><li>• Roasted Fresh Tomatoes (VE)</li><li>• Frozen Fruit Cup (VE)</li></ul>